



TENNIS



THE MEMBERS of Castle Hill Tennis Club were treated to some great tennis on Sunday as the Ladies and Men's Singles finals were played on a fine autumn afternoon. The Ladies final was a hard fought match between Valerie Mitchell and Philippa Francis, which eventually saw the current champion, Valerie Mitchell, regain the title with a straight sets win 6-4, 6-3.

Andrew Ketteridge and Nigel Appleby, the Men's finalists, were next to take to the court. Andrew fought back from a set down to beat last year's winner 1-6, 6-0, 6-4.

Pictured above: singles winners Valerie Mitchell and Andrew Ketteridge

DARTS

SW Friendly League sees buoyant Boycey in week 1

WEEK ONE RESULTS: The King's Head 7, SWTFC; Newport Club 6 v Vets 3; The Axe 6 v The Victory 3; The Fleur de Lys 5 v The Queen's Head 4. Highest score saw 180 from Tony Boycey (The Queen's Head).

KEEP IT BRIEF! We ask our correspondents to please keep their match reports to a minimum so that we have a chance to include everyone.

HOCKEY

Encouraging win for imposing Walden Saffron Walden Men's 2nd XI 5 Sudbury Men's 1st XI 4

DETERMINED to make a good start and impose themselves on the game, Walden pressed hard from the opening whistle and should have been ahead within minutes when an open goal was missed from only a few feet. Amends were made moments later when Alex Newitt finished from close range after a great run and pinpoint cross from Tom Crump, and although Sudbury still looked dangerous on the break, Walden had soon raced into a 3-0 lead after Olly Plumridge twice deflected in goals after good work from Tom Ross and Josh Totty. Sudbury nicked one back just before the break to make it 3-1 at half time.

From the restart, Walden again pressed hard but squandered the chances that came and were soon pegged back to 3-2 as Sudbury deservedly narrowed the gap again, only for Walden to score almost immediately through Alex Newitt after

the Sudbury keeper had saved an initial shot. In a game that was now stretching both teams from end to end, and with both keepers frequently involved, it was only a matter of time before Sudbury hit back with their dangerous centre forward netting. Again Walden responded with a period of pressure leading to Toby Watson scoring to make it 5-3 and should have sealed victory when a second open goal from only feet out was missed, but credit to Sudbury who caught Walden on the break, moving the ball from defender to the back of the Walden goal in three swift passes to set up a tense final 6-7 minutes. However Walden were able to soak up everything that Sudbury could throw at them, and saw out the final minutes to seal a deserved 5-4 win. In the end a good win which should give Walden encouragement for the very long away trip to Cromer this weekend.

Walden work hard to move up league

Saffron Walden 5 Wapping 2 NE14 East Women's League Premier

WAPPING made Walden work hard for their 5-2 victory, resulting in them leapfrogging their opponents in the league. Despite conceding an early goal, Walden retaliated immediately when Deeds Hill stormed down the right wing, crossed for Westnedge to deflect into Claire Harrington's path, she calmly converted on her reverse. Suzanne Holmes made it 2-1 with a well timed deflection from Hill's initial short corner strike. Claire Pearce marshalled the defence and Wapping's chances were limited. Millie Bushnell scored with a driven shot given Walden a two goal advantage going into the break. Wapping looked to apply pressure from the restart but Langridge won, and then converted, a short corner to suppress any Wapping resurgence. They pulled a goal back through a smart, lifted shot to make it 4-2 but Harrington eased any potential nerves when she volleyed in a Langridge cross from the right with 8 minutes remaining.

ATHLETICS

A right royal performance from WaldenTri's Charlie and Michael

CHARLIE PASSFIELD and Michael Buchallet both competed in The Althorp Park, Sprint Duathlon, which was held at this picturesque estate, famous for Lady Diana Spencer's burial place.

Charlie, 17, finished 4th and Michael 17th out of field of 286 competitors. The event was also a qualifier for next year's age related European Championship in Holland. Charlie was second in his age group 17 to 18 and Michael went one better with first in the age group of 40 to 44. Under the rules of the top four qualifying

in their respective age groups they have therefore qualified for Horst next April.

In typical autumnal conditions, both duathletes had a reasonable initial 5km run, but improved on their positions as the race progressed with Charlie moving up 10 places on the bike leg (20km). Michael also improved his position from outside the top 20 with a good ride in muddy conditions. Despite a stitch for Charlie and twisted ankle for Michael, both finished with strong runs to achieve the above excellent results.

GOLF

Scratch Captain off to play cricket

AFTER LEADING and playing in Saffron Walden Golf Club's scratch team Graham Goodman is swapping the white ball for a red ball in representing a Rest of the World cricket Over 50 side in the forthcoming International Seniors Competition in Dubai.

The Rest of the World side is made up of cricketers from England playing against teams including - Wales, United Arab Emirates, Surrey and South West of England in a 36 over bash. Joining Goodman is Mel Hussain from High Roding with whom they still hold the highest opening partnership in Essex Over 50 cricket of 286 vs Kent last year. Goodman played his one and only cricket game this year scoring 79 not out a few weeks ago in the final game of the season. Opportunities were limited because of injury and being part of a memorable season for the Walden scratch team. You can follow the International cricket tournament on twitter @waldenscratch from 1st November



● Graham Goodman

Please remember that all sports reports and photographs must arrive at our office by NOON Mondays



Saffron Smart Repairs

Smart Repair Pricing

<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Machine Polish complete vehicle</p> <p>£150.00</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Alloy Wheels Repair / Repaint</p> <p>£60.00</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Alloy Wheel Colour Change- All Four</p> <p>£250.00</p> </div> <div style="border: 1px solid black; padding: 5px;"> <p>Bumper Corner Scuff / Damage</p> <p>£150.00</p> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Single Panel Repaint</p> <p>£200.00</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Wing Mirror Repaint</p> <p>£50.00</p> </div>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Repairs Carried out in the Same Day</p> <p>10</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Minor Scratches / Blemishes Flat & Polished</p> <p>£40.00</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>Minor Dents from Supermarket Trolleys etc.</p> <p>£60.00</p> </div> <div style="border: 1px solid black; padding: 5px;"> <p>Headlamp Refurbishment for MOT Failures</p> <p>£40.00 each</p> </div>
--	---	--

Restore your vehicle to pristine condition

01799 527189

www.phbodyrepairs.co.uk