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SPORT

IN BRIEF

Three is TRI
magic number

DUATHLON: Three members of WaldenTRI headed off to Horst in Holland to represent Great Britain in their respective age groups, in the ETU European Duathlon Championships.

All were racing in the sprint event which consisted of a 5km run, followed by a 20km bike leg and another 2.5km run.

Pete Thompson finished sixth overall and third Brit home in the 55-59 age category, in 1hr 7mins 43secs. Michael Buchallet, in a competitive 40-44 age category, was 11th in 1hr 2mins 17secs.

And Craig Dyce, racing in the 45-49 age category, improved on his bronze medal success of last year, by finishing second in 59mins 25secs. In a separate junior event for 12-15 year olds, WaldenJNR member Helena Dyce put in a strong performance to finish second overall.

Spring meeting has
dozens of entrants

GOLF: The 2014 Spring Meeting, the first ladies major event of the year, was supported by 71 ladies. The competition format consisted of 18 holes medal in the morning followed by nine holes foursomes in the afternoon.

Results:
Silver Division: 1st Jaine Fieldhouse (nett 74); 2nd Jeannie Ratcliffe (nett 76).
Bronze A Division: 1st Madeleine Walker (nett 70); 2nd Kay Barnett (nett 75).
Bronze B Division: 1st Claire Oldroyd (nett 76); 2nd Gen Still (nett 78).
Afternoon foursomes, front nine: 1st on countback La-Vern Frost and Corinne Parmentier (15 points); 2nd Pat Clarke and Judy Saunders (15 points).
Back nine on countback: 1st Deb Bowler and Mary Baker (17 points); 2nd Marjory Smith and Ginny Eley (17).
The Dorrett Salver (for the best overall nett score), was won by Madeleine Walker with a score of 70.

Bowls club to throw
open doors for event

BOWLS: Great Chesterford Bowls Club is holding its Open Day on Sunday, at 3pm. Over the past six months considerable work and effort has gone into the construction of a new clubhouse – a project costing £53,000. Everyone is welcome to attend the open day, from experienced bowlers to novices or anybody who just fancies having a go. Anyone interested can take a look at the new website, greatchesterfordbowls.com or contact Martyn Linwood on 01799 501419 or John Pashley on 01799 530045.

Sisters are doing it
for the Walden team

■ Main, WaldenJNR had more success at the Upminster Aquathlon.

■ Above, WaldenJNR youngsters in action at the aquathlon. Pictures: SUBMITTED

AQUATHLON

Daniel Barden

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WaldenJNR had more success at the Upminster Aquathlon, the second race in the Eastern Region League series.

Sixteen members took part. The Dunlop sisters led the way with Marnie finishing third in the youngest Tri Start age group and Innes coming second in the Tristar 1 age group.

James Fraser and Helena Dyce,

who both won their age groups in the series last year, registered podiums but are facing stiff competition this year. They are both competing in the Tristar 2 age category and James finished second boy behind Alex Williamson from Discovery Tri Club and Helena third girl behind arch rival Sophie Mabbs from Tri Force.

In the same age category there was a close race between sisters Maisie and Angharad Evans. They started in the same swim wave and raced the whole race together, with Maisie winning the sprint finish for eighth place overall.

In the boys race there was a similar

tight race between Thomas Wisbey and Max Godfrey and it was Max who finished just ahead with an impressive second fastest run of the day for sixth place overall.

In Tristar 3 age group a strong swim for George Rogers helped him to sixth place with Mael Bely not far behind in ninth, while in the youth race Joely Wright had the second fastest swim time to finish in fifth place.

Club members will now be focusing their training in preparation for the annual practice triathlon against Cambridge Tri Club which takes place at Friends' School May 3. Over 200 are taking part from the two clubs.

U7s undaunted by 35k Twickenham crowd

YOUTH RUGBY

Wendens Ambo U7 entered the prestigious Stinger Cup, run by Premiership club London Wasps for some of the leading clubs in the south.

Wendens Warriors, the county cup holders, won their pool comfortably, beating Abbey 9-6, Phoenix 4-2 and Amersham 6-2. In the semi-final they beat Windsor 5-1 putting them into the final against Marlow, which was played at half time in the Wasps versus Gloucester game held at Twickenham.



■ The Wendens U7 squad.

Picture: SUBMITTED

Undaunted, the boys marched out in front of 35,000 people and played the shortened exhibition

match, winning 2-1. A tremendous performance, fast ball movement and rushing defence proving decisive. The squad comprised Jed Bailey, Ned Caton, William Crabb, Tom Dyster, Jake Mason and Ben Scott-Priestley.

Wendens Knights won one pool game to put them into the shield semi-final, narrowly losing to Abbey. In the vase final, also at Twickenham, the boys rallied and put on their performance of the season to win 6-3. Playing for the Knights were Fin Bushell, Alex Bull, Noah Poulter, Edward Cooke, Charlie Kinsey, Elliot Richley-Jones.

MARATHON

Runners' joy
at London
achievement

Further to our round up last week, here's two more keen runners from our area who completed the Virgin London Marathon.

Stephen Ede was competing in his first marathon, and finished in an impressive time of 4hrs 2mins.

It was a fun day out all round for his supporters. His daughters,



■ Stephen Ede with his daughters Isabel and Alice.

Isabel, 12, and Alice, nine, saw him at the half-way point and again at 23 miles...though by then he was head down so he missed them!

Stephen, 43, of Great Chesterford, raised more than £1,200 for First Touch, a charity in support of life-saving equipment for premature babies in St George's hospital, Tooting, where his nephew Samuel, born at 23 weeks weighing just 1lb 4oz, was treated. He is now five years old and doing well.

To donate, visit justgiving.com/Stephen-Ede

An RE teacher from Stansted Mountfitchet completed the marathon and raised money for the national charity Rethink Mental Illness.

Andy McMillan, 31, finished the marathon in 4hrs 30mins 3secs. The teacher, who works at St

Mary's Catholic School in Bishop's Stortford, is fundraising for the charity, which supports people with mental illnesses, such as depression, bipolar disorder and schizophrenia.

Speaking after the event, Andy said: "The crowds were great, and it was really encouraging to hear them shout my name! The atmosphere on Tower Bridge was fantastic and this was a real highlight."

"At times the race was really hard going, but that was small-fry compared with what some people with a mental health problem have to go through."

Andy is aiming to raise £1,000 for Rethink Mental Illness and so far has raised over £400. Visit his donation page at virginmoneygiving.com/mrmcmillan



■ Andy McMillan at the finish line with his medal.